

2020 Speak-Up Guidelines

Purpose of Speak Up Speak Up is a public speaking competition designed to help improve the participant's ability to verbally present their thoughts and opinions the best way possible. The intent of Speak Up is to help individuals:

A. Overcome fears of public speaking. B. Improve their oral communication techniques. C. Improve their ability to communicate more clearly to others.

Divisions of Speak Up Competition There are two Speak Up categories in which a Jaycee may participate. Any question regarding the division a competitor should compete in should be brought to the attention of the NC Jaycees Competitions Program Manager. Participants may only compete in one division per competition.

Novice : Someone who does not have prior public speaking training and/or does not participate in public speaking activities through their profession.

Master : Someone with significant prior public speaking experience, training or as speaks frequently as a duty of their Jaycee Office. Included in this division:

- Current State Officers and Local Chapter Presidents.
- Previous state Speak Up competition winners.
- Have speech training or work in a profession that requires public speaking.

2021 Speak-Up Topics Choose from one of the following topics:

- Speak about a lesson you've learned this year
- Speak about a New Years Resolution you have and how you will ensure you keep it throughout the year or Talk about resolutions you've made and the outcome from it.
- The most fun I've ever had was doing what
- If you could travel back in time to meet anyone in history, whom would you most want to meet and why?
- Choose your own topic: Speak to us about a passion you have, a life experience, or expertise you would like to share.

Competition Details

- Participants will be judged on the basis of their delivery, speech content, salesmanship, and continuity utilizing a speech evaluation sheet.
- Participants should take care not to identify their chapter in either their prepared or impromptu speeches.
- Participants should dress in business attire and should not wear anything identifying their local chapter.
- During State level competitions, no notes or props will be allowed.
- The competition may be open to observers.

Judging

- Three judges will evaluate each participant and there will be a time keeper present at competition.

- Participants must speak 5 - 7 minutes on any one of the competition topics listed above. The grace period is plus or minus 30 seconds. (In other words, contestants may go under the minimum of 5 minutes or over the maximum of over 7 minutes by no more than 30 seconds.)
- In the case of a tie in scoring by the judges, a “tie breaker” consisting of an impromptu 3-5 minute speech, will be held. The Program Manager will select a topic. Each contestant, without preparation time, will have 3-5 minutes to discuss that topic. Grace period is plus or minus 30 seconds.

Winners

- At both the August and January competitions, the competitor earning the highest score (regardless of which division Novice or Open), shall be named the Overall Speak Up winner.
- Winners in each of the categories and the overall winner Open/Novice winner will be recognized at the NC Jaycees Convention. The overall winner of the year will be recognized at the NC Jaycees Convention and is eligible to compete at the National level.
- If a winner cannot attend the next level of competition in which they are eligible to advance, the second place winner shall be given the option to advance to the next level of competition, pending approval from the State Board of Directors.
 - National Year-End Championship will be on a topic (Jaycee in nature) to be disclosed at a week to two week prior to competition, depending on division.

Speak-Up Rules

- Must be of Jaycee age and in “Good Standing,” per the bylaws.
- Participants may not compete on the State level if they would be excluded from competing at the National Convention according to National eligibility requirements. Current and past national officers, past international winners and the current state competition program manager are **NOT eligible** to compete.
- Participants must be present to give their speeches when and where NC Jaycee Competitions are held.

Please Submit State Level Competition Registration: *Lexi Antonescu Kam 2020 NC Jaycee Competitions Program Manager* competitions@ncjaycees.org *Deadline: Friday January 29th*

2020 Speak-Up Registration

STATE LEVEL COMPETITION

Registration Due: *Friday January 29th, 2021*

Competitions will be held virtually during week of 2020 NC Jaycee Year End Convention on Monday February 1st at 7:00 pm.

Category (See Speak Up Guidelines for Eligibility)

Novice Masters

Chapter Name:

Name:

Telephone (Cell) (Email):

Please Submit State Level Competition Registration:
Lexi Kam 2020 NC Jaycee Competitions Program
Manager competitions@ncjaycees.org by Friday January
29th, 2021